# **XPERT WRIST 2.4 - VOLAR PLATES.**

## FAST DRILLING GUIDE



#### Intented nurnose

The implants of the Xpert Wrist range are intended for the fixation of hand and forearm fractures, osteotomies and arthrodeses in adults.

#### Contraindications:

- Pregnancy.
- Acute or chronic local or systemic infections.
- Allergy to one of the materials used or sensitivity to foreign bodies.

## TECHNICAL FEATURES

- Specific left and right fast guides to fit all Xpert Wrist 2.4 volar plates sizes 2 & sizes 3.
- Preangulation of the distal screws.
- Rapid screw insertion and easy to use.
- Radiolucent.





Non-threaded guide (ANC1213)



## REFERENCES

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	FAST GUIDE INSTRUMENTATION		ANC1182	ΔNIC:1182	ANC1182 Fast drilling guide for dista (DTDVW3)	ΔΙΝΙ :1189	ANC1182 Fast drilling guide for distal radius plate - Wide - Right - Siz (DTDVW3)
Ref.	Description		ANC1213	ANC1213 Ø1.8 mm r	ANC1213 Ø1.8 mm non threaded gu	ANC1213 Ø1.8 mm non threaded guide gauge for Ø	ANC1213 Ø1.8 mm non threaded guide gauge for Ø2.4 mm screws
ANC1171	Fast drilling guide for distal radius plate - Narrow - Left - Sizes 1-2 (DTGVN1-2)		ANC1228	ANC1228 Ø1.8 mm r	ANC1228 Ø1.8 mm non threaded gu	ANC1228 Ø1.8 mm non threaded guide gauge for Ø	ANC1228 Ø1.8 mm non threaded guide gauge for Ø2.4 mm screws
ANC1172	Fast drilling guide for distal radius plate - Narrow - Right - Sizes 1-2 (DTDVN1-2)				· ·		3 3 3
ANC1173	Fast drilling guide for distal radius plate - Standard - Left - Sizes 1-2 (DTGVS1-2)			(11)	and the and	and the arth the	ದ್ಯಾಯಾ ರಥ್ಯಿಯಾ ರಮ್
ANC1174	Fast drilling guide for distal radius plate - Standard - Right - Sizes 1-2 (DTDVS1-2)		(C)			0 0	
ANC1175	Fast drilling guide for distal radius plate - Wide - Left - Size 2 (DTGVW2)		ANC1171	ANC1171 ANC1172	ANC1171 ANC1172 ANC1173	ANC1171 ANC1172 ANC1173 ANC1174	ANC1171 ANC1172 ANC1173 ANC1174 ANC1175
ANC1176	Fast drilling guide for distal radius plate - Wide - Right - Size 2 (DTD-VW2)						
ANC1177	Fast drilling guide for distal radius plate - Narrow - Left - Size 3 (DTGVN3)						
ANC1178	Fast drilling guide for distal radius plate - Narrow - Right - Size 3 (DTDVN3)		ANC1177	ANC1177 ANC1178	ANC1177 ANC1178 ANC1179	ANC1177 ANC1178 ANC1179 ANC1180	ANC1177 ANC1178 ANC1179 ANC1180 ANC1181
ANC1179	Fast drilling guide for distal radius plate - Standard - Left - Size 3 (DTGVS3)			28 2 18	25 2 9 4	(2 2 9 9)	
ANC1180	Fast drilling guide for distal radius plate - Standard - Right - Size 3 (DTDVS3)			ANC1213	ANC1213	ANC1213	ANC1213 ANC1228
ANC1181	Fast drilling guide for distal radius plate - Wide - Left - Size 3 (DTGVW3)						

#### **ADDITIONAL REFERENCES**

All the fast drilling guides must be used with the Xpert Wrist 2.4 plates and instruments found in the dedicated kit. The references of the complementary plates and instruments are available in the brochure **XPERT WRIST 2.4**.



### REMOVAL SET

If you have to remove XPERT WRIST 2.4 implants, make sure to order the Newclip Technics removal set, which includes the following instruments:

- ANC575: T8 quick coupling screwdriver
- ANC350: Ø4.5 mm AO quick coupling handle Size 1



## SURGICAL TECHNIQUE

Example using a distal radius size 2 standard plate (DTDVS2) and the fast drilling guide (ANC1174).



1. Use the fast guide associated with the chosen plate (ANC1171 to ANC1182).

Lock the fast guide onto the plate with the screwdriver (ANC575).



2. Position the plate on the volar aspect of the radius below the watershed line. The diapyseal part of the plate is parallel to the radial column.



3. Position the Ø1.8 mm non threaded bent guide gauge (ANC695) in the oblong hole and drill using the quick coupling drill bit (ANC696).

Option 1: determine the screw length with the threaded bent guide gauge (ANC695).

Option 2: determine the screw length with the length gauge (ANC102).



4. Insert a Ø2.4 mm non-locking screw (CT2.4Lxx) into the oblong hole to hold the plate in position.

NB: in the case of poor bone quality, a Ø2.4 mm locking screw (SDT2.4Lxx) can be inserted to increase stability.



5. Insert a Ø1.4 mm pin (33.0214.120) into the radioulnar pin hole and assess the joint space.

If necessary, the position of the plate can be adjusted by loosening the non-locking screw (CT2.4Lxx) in the oblong hole and by sliding the plate. Then, tighten the non-locking screw (CT2.4Lxx).



6. Perform the drilling by connecting into the fast guide:

Option 1: the non threaded guide gauge (ANC1213)

Option 2: the non threaded guide gauge with key (ANC1228) allowing for an oriented reading of the markings.

Drill using the quick coupling bit (ANC696).



7. Determine the screw length, by reading the markings on the drill bit and the guide gauge



8. Insert a Ø2.4 mm locking screw (SDT2.4Lxx) using the screwdriver (ANC575)



9. Repeat the steps 6, 7 and 8 for the remaining distal holes.

Remove the radioulnar pin and also the fast drilling guide using the screwdriver (ANC575).



10. Use the monoaxial technique detailed in the XPERT WRIST 2.4 brochure for the insertion of the remaining proximal screws.



**FINAL RESULT** 

The final tightening of the screws must be performed by hand.

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